

Is it your own answer? If so, it's not plagiarism.

If it's anyone else's answer then you have to put it in quotes and attribute it.

In either case, it will only be a tiny part of a thesis. (This assumes you mean the paper required of many Master's candidates and some BA candidates).

Yes, it's plagiarism to take someone else's work and pass it off as your own, whether it came from Quora, Wikipedia, or Uncle John's Bathroom Reader V.

Although I don't care too much if someone wants to quote something I wrote here, it's still my work and I'd expect a citation if it were used for any formal purpose. Some writers may be more picky about this. After all, nothing about Quora strips a writer of their ownership of their work. The best practice would be not only to cite, but to ask if it's even okay, especially if the answer is marked "not for reproduction".

If the question is can you recycle your *own* stuff, of course you can. The average Quora answer I see, though, wouldn't make a good research paper.